



Summer eNews 2009

Welcome to the Summer 2009 e-news. As some sports seasons have come to a nerve wracking end whilst others open with anticipation and excitement, we stride forward into Summer with some great progress and news.

It seems at the moment that we are bombarded with gloomy news of the economy, disaffected young people and endless statistics being thrown at us all about poor health and inactivity across the country. It is sometimes hard to see through it all and pick out the good news and development that has been made by so many individuals and organisations linked to our industry.

Here at Continuum though, not only have we been undertaking more exciting projects, including huge strides made in the planning for 2012, but we have been buoyed by literally millions of reasons for optimism from our funding bids for community sport and youth development.

Whilst hard times are facing many industries the focus of our Clients and partners remains strong, driving forward the needs of local people, sport, activity and community development. This has been recently backed up by the funding and successes our Clients have been experiencing.

Alongside this is the work we have been championing with our partner NGBs, the London Development Agency and Sport England, and the increasingly positive impact on the skills sector. Look out for the Official Sports news in this newsletter and remember to get your applications in for Year 1!

Exciting and challenging times indeed as you will see across the projects we have been developing and the on-going fast pace of our industry.

As ever we include within the newsletter the pick of the industry updates including recent news, funding and strategy announcements, with links for further information for you to follow up.

We hope that this newsletter finds you well, we look forward to seeing you soon and wish you continued success in 2009.

A handwritten signature in black ink, appearing to read "Nick Trim".

Nick Trim, Director

£5million for Youth Provision in Thamesmead

Our successful partnership with Trust Thamesmead continues as we are excited to announce the successful £5million grant from the Big Lottery Fund's Myplace programme for Thamesmead's Youth Leisure Zone.

Continuum undertook the original detailed feasibility study in 2006 and during the course of 2008 developed a number of funding applications for the development of youth and community facilities for the communities of Thamesmead. The success of the Myplace bid is testament to the excellent team at the Trust, the organisations who are currently in place at the site, the Continuum Team's expert funding knowledge, Saville Jones Architects and most importantly the young people of Thamesmead who contributed towards the facility mix and will be integral to its future development.

The Thamesmead Youth Leisure Zone will offer exciting, diverting and sustainable activities and services for young people living in an area badly lacking such opportunities. A series of world class facilities will combine to transform the current Southern Arches site into a safe, welcoming and well used 'community hub', with a broad range of sporting and cultural activities complemented by educational and volunteering opportunities, skills training, counseling and advice.

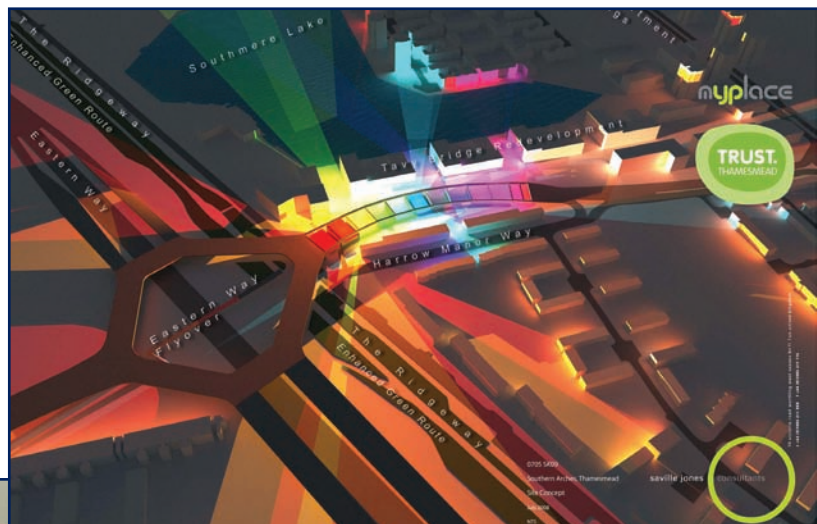
With an exciting mix of established services and new opportunities reflecting the needs identified by local young people, the Youth Leisure Zone will offer and enable a huge range of activities. Existing sporting activities such as climbing, sailing, motorbiking, weight training and aerobics will be enhanced with provision for martial arts, windsurfing, canoeing, football and basketball. Cultural and arts based activities such as dance, theatre, music and singing will be supported

by state of the art performance and recording studios, whilst IT skills, sound engineering, photography and cooking will also be catered for. Underpinning the activity offer will be a range of support services including informal and formal opportunities to develop skills and achieve qualifications, signposting to further educational, volunteering and employment opportunities and a young people's support network offering professional counseling and advice on a wide range of issues.

Trust Thamesmead held an open day in April for all its partners which included a presentation by Principal Consultant and Thamesmead Project Manager Richard Fishlock on the project as well as attendees from LB Bexley, LB Greenwich and our community partners.

Continuum are project managing the development and the wider Project Team including working with architects Saville Jones. For more information contact richard@continuumleisure.co.uk

Youth Leisure Zone – concept aerial perspective – Saville Jones Architects



Picture left to right: Continuum Director Nick Trim, Mick Price LB Greenwich, LB Bexley Chief Executive Will Tuckley, Janice Songhurst Jones Trust Thamesmead, Vic Grimes Chair of Trust Thamesmead, MP John Austin, Continuum Principal Consultant Richard Fishlock, Trust Thamesmead CEO Mick Hayes and two of Thamesmead's Youth Ambassadors.

Sporting Club Thamesmead: £1m Football Foundation Grant and £½m Homes and Communities Funding

Back in the Summer 2008 newsletter we announced the excellent news that the Football Foundation had agreed to the £1m capital grant towards this innovative and exciting community football hub site. Since then the project has faced significant funding gaps, despite the commitment by the Trust of over £2million of its own funding towards the project.

We are once again very proud to announce that the outstanding funding application led by Continuum to the Homes and Communities Agency has been successful, leading to the full and final release of the funding from the Football Foundation. Exciting times indeed.

The project has benefited from the unwavering support of the London Borough of Bexley, both its Leisure Team and notably the Regeneration Team who have been instrumental in helping us to secure the Homes and Communities agency funding, a vital final piece of the jigsaw.

A truly memorable day was held on the 5th May with the inaugural ground breaking ceremony with contractors Haymills, President of the Football Foundation Lord Pendry, the whole project team, leading partner Thamesmead Town FC and not forgetting the ever present Tommy the Toad!

Continuum are project managing the development and business development stages, working again with Saville Jones architects.

Pictured below are Continuum Principal Consultant Richard Fishlock, Trust Thamesmead CEO Mick Hayes and Continuum Director Nick Trim with the much coveted Football Foundation cheque ahead of a few celebratory drinks at the football club.

For more information contact richard@continuumleisure.co.uk



The Football Association and Building Schools for the Future

Continuum are continuing the development of the London Building Schools for the Future (BSF) and Football Foundation funding pilot scheme with the Football Association. After the initial audit and research carried out by Continuum, our team have been working with 7 leading London authorities in BSF waves 1 - 5 to develop a number of artificial turf pitches for community football development.

A number of key strategic sites have been identified and Continuum are working with the local authorities, Partnership for Schools and the London FA to take these important projects forward.

The BSF process is a significant undertaking for our pilot local authorities. The marrying of the funding streams, development of the authorities' Outline Business Cases and development of design and technical issues have all been progressing well. Working alongside Partnership for Schools who lead the BSF programme, Continuum have ensured that the leading schemes meet both the technical



requirements as well as the financial direction of the Football Association. This has been supported by the publication by the Football Association of "Football Facilities for Schools" (more info on www.thefa.com) which sets out the technical, management, operational and football development issues for schools. We look forward to the on-going development of these important projects for community football. For more information contact either warren@continuumleisure.co.uk or nick@continuumleisure.co.uk



Richard Rose Morton Academy: Feasibility Study

Continuum Sport and Leisure Ltd were appointed by the Richard Rose Morton Academy to undertake a feasibility study to assess the perceived need to create a dedicated Gymnastics and Dance facility on the site, with additional flexible options that could also cater for a range of other activities.

The plans, alongside our research and study report, will help to maximise the range of opportunities on offer to the Academy students, other schools and the wider community within Carlisle and Cumbria. The focus of the project was to review, challenge and reinforce the aspirations and plans that had already been put forward, consult with key stakeholders, clubs and schools and evaluate the strategic needs and benefits of such a facility and to present detailed design options that incorporate the findings and responses from these consultation and review processes.

On top of this, our assessment has helped to identify a significant number of different funding options and sources that are available to the Richard Rose Trust to assist with both the capital and revenue aspects of the development and its future usage.

Throughout the project, Continuum have kept the visions and principles of the Richard Rose Academy as central themes that need to be incorporated within the proposed development at the site.

The proposed development will help the Academy to develop their "Healthy School" ethos with a strong emphasis on sport and fitness and excellent personal, social and health education. The approach aimed at extended education and the opportunity to provide a full and varied range of out-of-hours learning and leisure activities. For more information contact warren@continuumleisure.co.uk

Hackney and City PCT: Healthy Weight Strategy – Research and Audit

The growing problems associated with obesity are a major concern for many local authorities and will have a major long-term impact upon the health and well-being of many residents in the future. This has been recognised by City and Hackney Teaching Primary Care Trust (CHtPCT) who engaged Continuum to undertake a detailed research project into the mapping and audit of community kitchens, opportunities to access nutritious food, and communal spaces suitable for physical activities across the two boroughs.

To bring about the industrial scale change needed in City and Hackney, CHtPCT, Hackney Council and the Corporation of London identified a need to think radically. As a result of this, a series of six projects were commissioned to assist the development of an ambitious vision, strategy and set of ideas for the future. Continuum's commission is the first of these 6 projects which looks at the following:

- Existing facilities in schools, children's centres, community centres, parks and green spaces, leisure centres and other community venues that could be used to promote healthy eating and physical activity.

- Assessment and evaluation of the suitability of a number of these facilities in terms of quality, access and potential use by CHtPCT.
- The production of a series of detailed maps and analysis for commissioners and partners of the CHtPCT.

Our research has already highlighted the extensive range of facilities and activities across City and Hackney including a detailed account of a number of sites which have been visited.

The research is also underpinned by a comprehensive database identifying the opportunities for more community based provision across a number of existing suitable and well used sites from which related commissioned projects might be delivered in the future.

For more information contact either warren@continuumleisure.co.uk or adam@continuumleisure.co.uk

Lewisham 2012

Following on from the successful 2012 Lewisham conference held by Continuum at Millwall FC and the detailed Lewisham Talent ID Strategy, Continuum were once again approached by Lewisham to harness our knowledge of the 2012 Games and their borough to develop a 2012 Lewisham specific prospectus.

London is busy planning and preparing to welcome the world to the Olympic and Paralympic Games in the summer of 2012. Huge infrastructure improvements are underway, neighbourhoods are being transformed and numerous exciting new programmes are being rolled out. Lewisham engaged Continuum to produce a document that states what this can mean for local people, and how residents can ensure that they benefit from and play a part in the Games.

A central part of our consultation and planning with Lewisham and other partners has looked specifically at what the legacy of the Games will be for the borough, and what Lewisham plan to deliver for their communities.

From left: Hilary Renwick, Head of Cultural Services, London Borough of Lewisham, Heather Rabbatts, Executive Chair of Millwall FC, Eryl Smith, Former Executive Director of the 5 Olympic Host Boroughs, Councillor Chris Best, Lewisham Cabinet member for Community Services, Grace Clancey, Director, Continuum Sport & Leisure.



The draft prospectus will be published after the final consultation process which is coming up this summer.

For more information contact richard@continuumleisure.co.uk

Official Sports London

Continuum continues to make great progress with the Official Sports London programme working for the London Development Agency and Sport England. Official Sports London is the exciting bursary programme which provides opportunities to assist Londoners aged 16+ to complete sports officiating qualifications, and to volunteer or work as officials.

Gaining an Official Sports Bursary can unlock the door to gaining a new qualification, improve access to volunteering and social opportunities and allow you to take the lead for your sport.

So far in this first pilot year we have seen over 160 successful applications for bursaries across a wide range of Olympic and Paralympic sports working with 17 NGBs.

The programme has seen notable national interest with coverage on Radio 5 live, as well as within many London based publications such as the Evening Standard and numerous events across the capital. The interest continues to grow as we make such great steps forward.

As well as benefiting many individuals (with many more to come!), our Project Team working with the

LDA, Sport England, the 5 Proactive Partnerships across London and the integral NGBs have also had notable success in bringing the role of officiating up the agenda. The programme has had real success in raising the profile and importance of sports officials within National Governing Bodies that are looking at existing and future courses and promoting these amongst their large club networks.

Our Project Team has also assisted the leading NGBs to achieve clear standardised formats (and visible pathways into the club and competition networks) for prospective officials to learn about officiating courses, get qualified and get out there. The programme has also led to a notable rise in the frequency and availability of officiating courses being held, as our partner NGBs have responded very positively to the interest in the programme.

Finally, the programme has also provided a real catalyst to a number of smaller sports to revitalise and rejuvenate their volunteer workforces and add to their coverage.

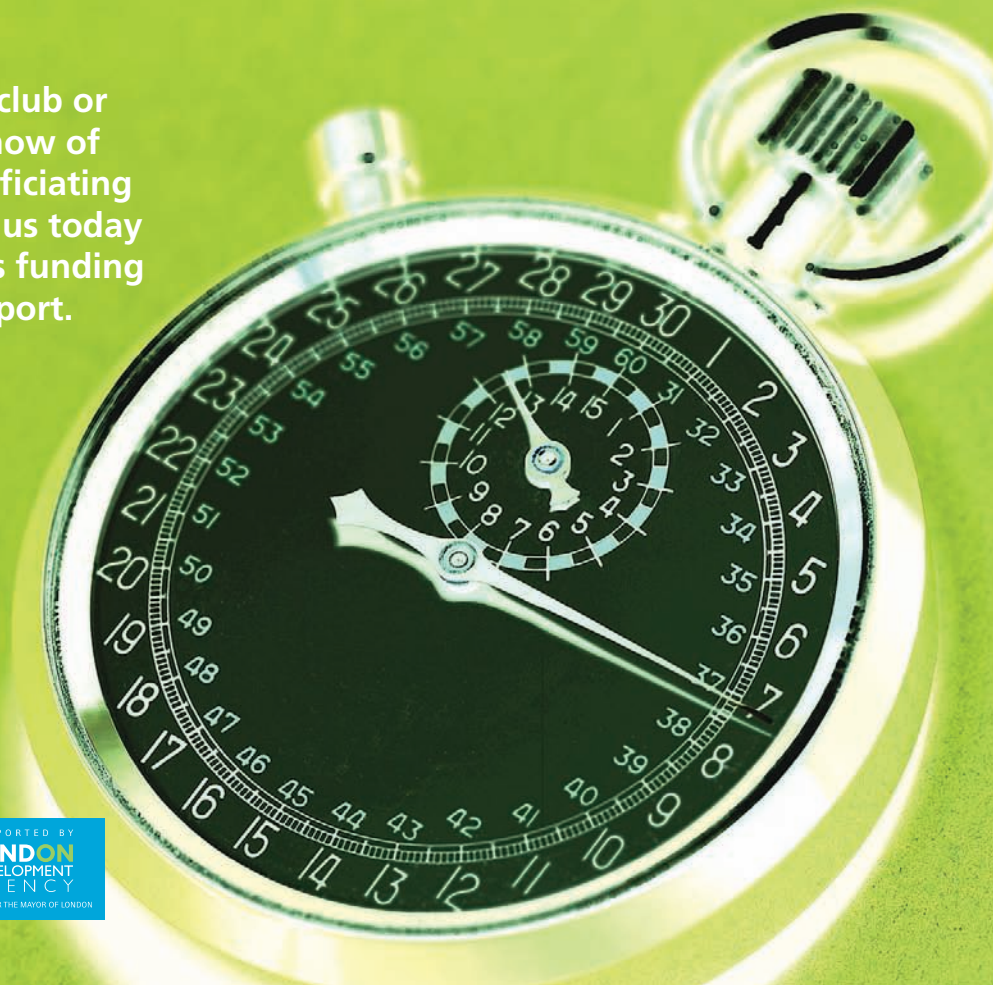
This is a very exciting time for the programme, the Project Team here at Continuum acknowledge the excellent work by the partner NGBs, Sport England, the LDA and all of our successful applicants.

If you are involved in a sports club or community organisation, or know of anyone who is interested in officiating in London then please contact us today to find out how you can access funding to become an official in your sport.

For more information go to website:
www.officialsports.org

email:
admin@officialsports.org

tel:
Deirdre on 020 7749 9173



LONDON

Bexley Sport and Physical Activity Strategy

Continuum were commissioned in April to develop the new sport and physical activity strategy for the London Borough of Bexley, working with the leisure team and Bexley Care Trust. The Strategy will adopt a new vision for Sport and Physical Activity in Bexley and set the direction for the Borough and key stakeholders over the next five years.

Bexley has had notable success in developing new and innovative projects for both sport and health. Like all local authorities the focus remains very much on driving up the levels of adults and young people who are physically active and leading healthier lifestyles.

Continuum's knowledge of the borough, the sub-region, London and the national direction for sport, physical activity and health will assist Bexley's leisure team and the Care Trust to make real changes to benefit the health and activity levels of the borough's residents and communities.



The strategy development kicked off with an exciting interactive visioning event which was very well attended by all internal departments and external partner organisations. A welcome and introduction by Bexley's Chief Executive set the tone for an exciting day with the 'how active are you as a project champion' quiz as one of the highlights of the event. Alongside this all attendees pledged their commitment to working towards our shared agenda of a healthier and more active population, which made for excellent future working partnerships.

The next stages include further consultation events led by Continuum including young people's workshops and public consultation exercises, as we look to ensure all the needs and demands of Bexley's residents and communities are added to the strong club and community base within the borough.

For more information contact richard@continuumleisure.co.uk



East London 2012 Legacy Plan – Coming Soon!

Continuum developed the initial East London 2012 Legacy plan back in 2008 and have been eagerly awaiting the publication of the wider London Legacy Plan in order to move forward with our own sub-regional set of objectives and outcomes for 2012.

With the recent publication of the Mayor's Legacy Plan, our Project Team with Pro-Active East London are now undertaking a process of review with our partners looking specifically at the London Plan.

The full, detailed and innovative plan will be published soon, so watch this space for this very exciting development for sport in East London and a really progressive view on the impact of the 2012 Games!

New Staff

Alongside these great projects we have also the pleasure to announce the arrival of two new team members.

Adam Kaliniecki - Adam joined the Continuum team having graduated from Kings College London with combined honours in History and War Studies. As a Research Consultant, Adam provides specialist skills in enhanced research and detailed analysis to support all Consultant teams and Associates across a wide range of projects. He combines his enthusiasm for a wide variety of sports with his passion for writing, and thorough attention to detail to produce a broad variety of outputs from demands analysis to funding

applications. Before joining Continuum, Adam previously worked within sport and leisure in a number of capacities including Premier League football.

Annette Canepa - Annette joins the Continuum team as Office Manager and Administrator. Annette previously worked for Buro Happold administering the huge Olympic Park masterplanning work for the company. Annette brings with her an excellent understanding of sports and finance.

We are delighted to welcome them both and look forward to further success in 2009 for both Continuum and our valued Clients and partners.

News and Funding Updates

£146m funding to encourage young people to contribute to their community

Plans to help get every young person in the country contributing to their communities were set out by the Prime Minister, the Cabinet Office and the School's Minister in April. £146 million will be spent over two years, and the aim is for all young people to have contributed at least 50 hours of community service by the time they turn 19. Young people will be supported, trained and encouraged to volunteer in sports clubs and with community organisations, helping the young people gain skills and experience while also supporting community sports provision. Projects supporting school leavers and young people aged 14-16 will be delivered, and the intention is to devise projects that will appeal to young people and allow them to get involved in activities they want to support. This funding could help sports clubs and organisations to gain a new generation of volunteers.

For more information [click here](#)

£5.5m to help close the widening generation gap

The Government launched a £5.5 million programme to bring older and younger generations together in their communities this April. The programme will fund 12 intergenerational projects across the country where young and older people can engage with each other on equal terms, break down barriers and challenge negative stereotypes. Local authorities have been asked to apply for the funding to develop intergenerational projects across the country.

Projects should help to provide young people with positive role models, improve the negative perception of young people, help to keep older people active, increase community cohesion and make it easier for people of all ages to get involved in volunteering. The funding has been committed by the Department for Children, Schools and Families, the Department of Health, the Department of Work and Pensions and the Office of the Third Sector. For more information [click here](#)

Extra £6.6m to boost volunteering over the next two years

The Office of the Third Sector has released details on three new programmes to boost volunteering.

The programmes are:
Access to Volunteering: A £2 million pilot fund to reduce barriers to disabled people volunteering and explore the feasibility of a national Access to Volunteering fund. The Office of the Third Sector is seeking expressions of interest from organisations wishing to manage the programme.

Volunteer Managers Training – A £3 million programme that will provide support to volunteer managers to ensure that volunteers are well managed and that they get the best possible experience from volunteering.

Volunteering Legacy: A £1.6 million programme will contribute to building a volunteering legacy for the London 2012 Olympic and Paralympic Games. For more information [click here](#)

Sport England launches funds for sporting opportunities in rural communities, innovation and sustainable investment in community facilities

Three multi-million pound initiatives aiming to transform community sport across England have opened for applications.

Sport England's Innovation Fund aims to support ground-breaking projects that will increase sporting opportunities and participation while their Sustainable Investment in Community Facilities Fund is looking to back partnership projects that will produce new facilities that will have long-term benefits.

Around £5 million will be made available annually through the Innovation Fund, a sum to be shared between 10 and 20 projects a year. The Sustainable Investment in Community Facilities Fund will have an annual budget of £10 million, which will be pumped into between 5 and 10 major capital projects.

The £10 million Rural Communities fund will be the first in a series of themed funding rounds aimed at tackling specific issues in grassroots sport by supporting high value, high impact projects. Sport England has targeted rural communities first due to particular barriers to participating in sport, such as reduced choice in the sports available to them and transportation issues getting to and from facilities.

Sport England's Active People Survey 2 shows that two thirds of the local authorities with the lowest sports participation rates are in rural areas.

For more information [click here](#)



Round Two of myplace due to open for applications June 2009

A second funding round for myplace will be launched in June 2009 to invest a further £31.6 million in innovative projects for young people through grants of between £1m and £5m.

Round 2 will focus on projects that have already invested significant energy in well-developed plans for a world-class youth facility driven by the active participation of young people and their views and needs.

Eligibility for Round 2 will be restricted to projects located in the one third most deprived areas of England. Details on all Round 2 eligibility and assessment criteria will be published in June 2009. It is expected that no more than 10 projects will be funded through Round 2.

For more information [click here](#)

Sport England provides £1.8m to help sports coaches

Aspiring sports coaches have been getting help to pay for their courses, thanks to a programme funded by Sport England. Access to quality coaching has been identified as a key factor in getting people playing more sport and making it a life-long habit. Sport England's Active People 2 Survey showed that 7.5 million people benefited from tuition from a coach in 2007/08. The £1.8 million scheme has been delivered in partnership by the National Skills Academy for Sport and Active Leisure, SkillsActive and sports coach UK. People taking an official coaching course recognised by the national governing bodies (NGBs) of 45 sports have been to apply for the support. The programme was set up to fund 3900 bursaries for people taking sports coaching courses and to provide support for 1800 coaching tutors to achieve further qualifications. For more information [click here](#)

IOC says London 2012 progress is 'nothing short of astounding'

The International Olympic Committee has praised the 'astounding' progress being made on the London 2012 Games after a three-day visit in April this year. The IOC Coordination Commission was making its fourth visit to the capital, meeting with representatives from across London 2012 and seeing first-hand the progress being made on construction of the venues. Speaking after the meetings, Commission Chairman Denis Oswald said: 'We have been greatly impressed by the good progress that London 2012 has made since our visit last year, particularly in moving from planning to operational delivery. This was evident in all the presentations and discussions we had about LOCOG's Games-time planning, and of course during our visit to the Olympic Park. Seeing the transformation that has taken place in the Lower Lea Valley is nothing short of astounding, and this area will be a great legacy for the people of London and the UK'.

For more information [click here](#)

Government invests in the Olympic Village

The Government and the Olympic Delivery Authority (ODA) have announced that £324 million of the Olympic budget will be invested in the Olympic Village. A private sector deal was on offer, however the worsening economic climate has required the public sector to carry an increased level of risk. As the market improves the ODA will seek private investment for the Village on terms more favourable to the taxpayer.

With the Olympic Village now publicly owned, the public sector will receive returns from sales after the Games. All of the additional £324 million public investment being made from contingency and savings is expected to be returned after the Games when the flats are sold. The Government also published new figures that show that due to cost savings and good management, the forecast total cost of the ODA's Olympic programme has been reduced by £179 million. Taking account of expected receipts from the Village the current forecast for the Anticipated Final Cost (AFC) of the ODA programme is now £7,234 million.

For more information [click here](#)

Young People could get free seats at the London 2012 Games

Seats that are not sold for the 2012 Olympics could end up being offered free to pupils, according to London Mayor Boris Johnson. Under his proposed scheme, youths would have the chance to be called up to watch the Games, if corporate guests could not attend or cancelled.

The initiative was borne out of the fact that many seats were vacant in Beijing. Despite being officially sold out, large chunks of the stadium seating went empty, something Mayor Johnson has said he wants to avoid. For more information [click here](#)



England officially launches World Cup bid

David Beckham, Wayne Rooney, Prince William and Prime Minister Gordon Brown have helped England to kick off their campaign to host the World Cup in 2018 or 2022 at an official launch at Wembley Stadium.



The bid is based on the quality of England's stadia and infrastructure, and the country's cultural mix. England will face eight other candidates for the 2018 tournament; Austria, Indonesia, Japan, Mexico, Russia, the United States, Belgium-Netherlands and Spain-Portugal. Qatar and South Korea are also bidding for the 2022 event.

England will find out if its bid is successful in December 2010. Hosting a World Cup could help to inspire a new generation of players and cap off an exciting decade for sport in England.

For more information [click here](#)

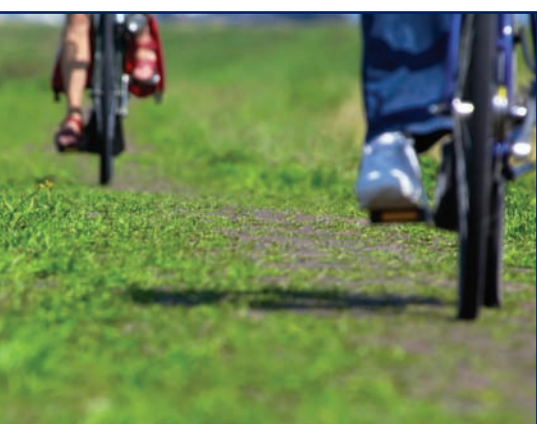
Free Swimming Scheme Makes a Splash

From 1 April, more than 1,000 swimming pools run by almost 300 councils will be offering free use to the over 60s and youngsters aged up to 16 in a bid to get more people to lead an active life. The scheme, first announced last June, is part of the Government's drive to get 2 million people more active by the time London hosts the 2012 Olympics and Paralympics. 288 eligible councils in England have signed up to offer free swimming for the over 60s, with 207 agreeing to provide the service to under 16s. More than £31 million funding is being made available to help councils cover the costs of providing free access in the first year of the scheme, whilst a £50 million capital fund to modernise or build additional facilities is also available. For more information [click here](#)



Over 200,000 children are to benefit from £10 million of cycle training

Over 200,000 more school children in England will have the opportunity to have Bikeability training this year thanks to £10m of government funding, earmarked by Transport Minister Paul Clark as part of the official launch of Bikeability for 2009. This funding is part of a record £140m package which aims to give up to half a million children the chance to take part in Bikeability - the National Cycle Training Standard - by 2012. This scheme will help children and young people reach the 60 minutes of daily activity recommended by 'Change4Life'. £5.4 million will go to local authorities to provide cycle training, £4 million will go to the Youth Sports Trust to deliver cycle training in schools and £500,000 will help to train 1,600 new Bikeability trainers. For information [click here](#)



Physical education in schools 2005-08: Working towards 2012 and beyond

This report is based on a three-year evaluation of physical education in 99 primary and 84 secondary schools in England. The report evaluates standards and achievement in physical education and discusses health and increasing concerns about childhood obesity, recognising the role physical education plays in tackling childhood obesity. The report also discusses physical education and its challenges as the nation moves towards the 2012 Olympics and beyond and looks at the continuity of learning experiences for young people within and between schools, identifying this as an area for development in the majority of the schools visited. The report makes recommendations including that DCSF establish a post-16 entitlement to physical education and school sport and enable sports colleges and school sports partnerships to be at the heart of initiatives to tackle childhood obesity and that schools should broaden provision to incorporate non-traditional activities to help reach young people from hard to reach groups. For more information [click here](#)

Department for Culture, Media and Sport publishes Third Sector Strategy

This report recognises that much of what DCMS aims to achieve depends upon an active third sector, whose outcomes are greatly strengthened by the hard work of volunteers. The delivery of sport is dependent on the third sector, including community-based sports organisations, major national charities and small trusts. This strategy aims to communicate a clear vision for the department's ongoing relationship with the third sector, and how DCMS can help to provide a sustainable pool of talented and enthusiastic volunteers. It outlines several actions DCMS will undertake including supporting social enterprises and ensuring third sector stakeholders have access to the government funding portal. DCMS invests a large proportion of its budget in the third sector. In 2007/08, over £440 million went to funding third sector organisations through NDPBs, including Arts Council England giving £267 million, Sport England £88 million and UK Sport £48 million. For more information [click here](#)

London Legacy Plan outlines A Sporting Future for London

As referred to earlier, this plan outlines the Mayor's vision for London's Legacy from the 2012 Games. £15.5 million has been pledged to support the delivery of the plan. This will be match funded meaning at least £30 million will be invested in sport in London over the next 3 years. The plan outlines the role of the new London Community Sports Board. The Board will collaborate with key delivery partners on the development of action plans for delivery and monitor progress on the implementation of these plans and identify ways to align policies, activities and resources. The four key goals of the Legacy Plan are to get more people active, transform the sporting infrastructure, build capacity and skills and maximise the benefits of sport for our society. The Plan outlines the intention to set out a London-wide facilities strategy and to explore more effective ways of using existing facilities. Key initiatives of the plan include mobile swimming pools, boxing academies, street athletics and competitive sport for disabled young people.

For more information [click here](#)



And finally - did you know...

- 41% of all journeys taken in England are less than two miles, a distance which can be cycled in less than 15 minutes (Source: Bikeability)
- The economic value of formal volunteering continues to grow and is now estimated at £39 billion (source DCMS).
- 72% of children are not getting 60 minutes of daily activity outside of school. (Source: Change4Life)
- London's local authorities have increased their spending on sport and recreation from £83 million in 2006/07 to £93 million in 2008/09. (Source: GLA)
- 20.8 per cent of 10-11 year olds in London are obese. (Source: GLA)
- Physical inactivity costs NHS London £105 million per year. (Source: NHS London)
- In 2008, 74% of participants in the Street Athletics project were from BAME groups. (Source: GLA)
- The UK School Games in Bath and Bristol last year brought £2.4 million into the local economy. (Source: Fast Track Events)
- The steel roof of the 2012 Aquatics Centre weighs 2,800 tonnes. (Source: London 2012)
- Up to 180,000 spectators per day are expected to enter the Olympic Park during the Games. (Source: London 2012)
- Approximately 7.7 million tickets will be made available for sale for the London 2012 Olympic Games. (Source: London 2012)
- 1.5 million people are expected to attend the Paralympic Games during the 11 days of competition. (Source: London 2012)
- Walking is the most popular recreational activity in England, with over 9 million adult participants according to 2007/8 figures. This represents an increase of 954,000 compared to 2005/2006 (source: Active People Survey 2008)
- Between 2005/6 and 2007/8 approximately 40 sports have grown in terms of participation, whereas only 7 have declined (source Active People Survey 2008)
- Hampden Park in Glasgow is the furthest 2012 venue from the main Olympic Park in Stratford, East London, at a distance of over 340 miles. It will be hosting part of the football competition. (source: London 2012)
- The average secondary school offers over 22 different sporting activities, which represents a greater variety than ever before. The average range of sports within primary schools also rose to 16.5 in 2008. (source DCMS/DCSF)